Stuff You Need For...

Athletic Clothing

Dress code still applies, but plan to dress for the heat!

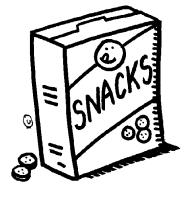
Athletic leisure clothing that allows you to move and allows us to observe your posture and movement will help keep you more comfortable!



\$15 for Band Camp Dinners

During 7/23-7/27, dinner will be served. It is convenient and nutritious.

DEADLINE TO SIGN UP IS 7/20/18 www.bghs-bands.org





Athletic Shoes & Socks

Make sure they fit your feet well. Plan
to tie your shoe laces. Some supportive
insoles may help!



Stay Cool Neck TowelEven if you cannot buy one of these cooling towels, a wet towel on your

neck will feel AMAZING.



Ice Water in a 1/2 Gallon Jug

A water bottle will not help you. Water jugs are refillable. This one is by Igloo, holds 64 ounces, and will hang on a chain-link fence.



Goldwater Band Boosters

We are your Executive Board. Let us help you with fundraising or answering any questions you may have regarding the band program.

You can contact us by email at:

boosters@bghs-bands.org

Trisha Carmona - President
Lulu Torrez - VP of Fundraising
Suzanne Castle - CHARMS Coordinator
Monique Gunn - Secretary
Jennifer McDonald - Director of IT

Please join us at the Booster Parent Meeting on August 1 at 6:30pm.